

VERY IMPORTANT
INFORMATION: PLEASE
READ THE FOLLOWING
INFORMATION CAREFULLY

POST-OPERATIVE INSTRUCTIONS FOLLOWING
DENTAL ANESTHESIA

- 01 Patient is not to operate any hazardous devices or make important decisions for 24 hours after sedation.
- 02 A responsible person should be with the patient until he/she has fully recovered from the effects of the sedation.
- 03 Patient should not go up and down stairs unattended. Let the patient stay on the ground floor until recovered.
- 04 Having nutrition after sedation is important. The patient should begin eating appropriate foods as soon as possible. Do not delay.
- 05 Patient needs to drink plenty of fluids as soon as possible.
- 06 The patient may seem alert when he/she leaves. This may be misleading so do not leave the patient alone.
- 07 Always hold patients arm when walking today.
- 08 Call us if you have any questions or difficulties. If you feel that the patient's symptoms warrant a physician and you are unable to reach us go to the closest emergency room immediately.
- 09 The patient should not carry, sleep next to, or be left alone with the elderly or young children for a period of no less than 24 hours after the last dosage of medication.
- 10 Any prescription medications necessary after sedation procedures will be phoned in to the patient's pharmacy. Do not leave the patient unattended while picking up their prescriptions. If you have no other choice, take them with you.
- 11 Following most surgical procedures there may or may not be pain, depending on your threshold for pain. In most cases, a non-narcotic pain regimen will be given consisting of Acetaminophen (Tylenol) and Ibuprofen (Advil). The two medications taken together, will be as effective as a narcotic without any of the side effects associated with narcotics. If you have any questions about these medications interacting with other medications you are presently taking. Please call our office first, your physician and/or your pharmacist.
- 12 Patient has been provided with enough anti-inflammatory medications (Ibuprofen) for the first 24 hours after surgery.
- 13 Pt should take 1000mg of tylenol every 8 hours for the first 24 hours.
- 14 Beginning 24 hours after surgery, pt take up to 600mg of ibuprofen, and 1000mg of tylenol every 8 hours.

Date _____

Patient's Name _____

Date _____

Companion's Signature Name _____

Date _____

Assistant's Signature _____